

> 04 True Grit



> 10 Newham London Run



> 20 Winter wonderland



# thenewhammag

issue 187 // 22 January 2010



## The enforcers

More officers hit the streets (p12)



# Are you missing out on help towards your rent and Council Tax?

If you are on a low income, whether or not you work, you may be entitled to help towards your **rent and Council Tax**.

**Don't delay – find  
out more today!**

Call **020 8430 2000**  
Visit **[www.newham.gov.uk](http://www.newham.gov.uk)**  
or a **Local Service Centre**



In this issue we're focusing on tolerance, respect and diversity in our community as we celebrate, the fourth anniversary of Newham holding civil partnership ceremonies (p24) as part of Lesbian, Gay, Bisexual and Transgender (LGBT) month. You can also find out about how we are marking Holocaust Memorial Day on 27 January (p5). Looking towards our environment, see how our new fly-tip taskforce is cracking down on errant businesses (p12) and find out how your local area has benefitted from the Environmental Improvement Project (p14). And of course, don't forget to make sure you're registered to vote (p8) so that you can have your say about decisions made at both a borough and national level.

*Cllr Neil Wilson*

Executive Member for Equalities and Social Inclusion

**Don't forget – Free inside this issue, In Focus,** containing news and events from East Ham, Royal Docks, Forest Gate and Custom House and Canning Town community forums.

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**Don't forget to recycle your Newham Mag once you've read it**

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# IN BRIEF //

## Have your say on safety

You drive our priorities and the Safer Newham Partnership wants to hear which types of crime and anti-social behaviour (ASB) most concern you.

The Partnership has identified seven suggested priorities, including personal robbery and youth crime. To see a full list and to comment visit [www.newham.gov.uk](http://www.newham.gov.uk) and fill in the online questionnaire, or speak to the team at one of these events:

**Tuesday 26 January**, 7-9am,  
Chamber of Commerce, Business Owners meeting, West Ham Football Club

**Saturday 30 January**, 1-5pm,  
Britannia Village Hall, 65 Evelyn Road, E16

**Saturday 6 February**, 12-4pm,  
Hartley Primary School, Hartley Avenue, E6.

For more information call  
020 3373 7639.

## New Warm Centre opening

Wrap up and head down to Bryant Street Methodist Church Centre, E15, on Monday 25 January as they swing open their doors and officially become the thirtieth Newham Warm Centre.

The Methodist Church Centre will host a free afternoon of entertainment with dance, Nintendo Wii and refreshments from 2.30pm. All aged over 50 are welcome to attend.

Warm Centres can be found across Newham and are exclusively for residents aged over 50. The centres provide a place for older residents to gather during the winter months.

For more information turn up on the day or call Beverley Joseph on: 020 8534 0085.

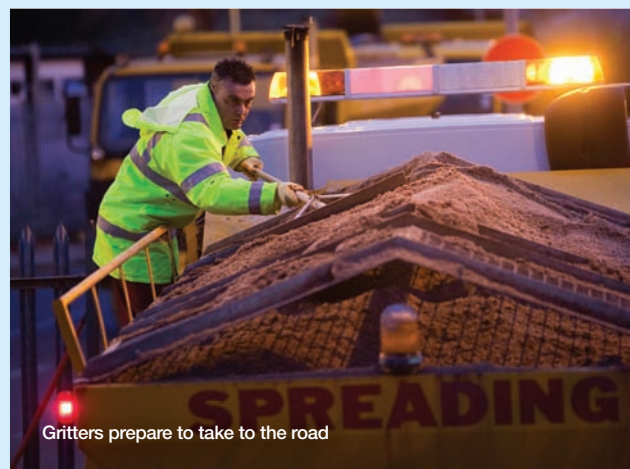
## Workers show true grit

Unlike others, Newham Council was well prepared to keep the borough moving during the recent cold snap.

Gritting teams – including offenders working under supervision on the Community Payback scheme – treated hospitals, clinics, schools and older persons' homes to make them safe for pedestrians.

Councillor Ian Corbett, executive member for public realm, said: "Our gritting team had good stocks of salt and grit to regularly treat main roads and pavements. While we did have to lower gritting levels in some areas to meet with the high level of demand, priority areas were treated so that we could keep traffic flowing and London moving."

There was minimum disruption to essential services, such as refuse collections, and libraries, parks, Local Service Centres and almost all schools remained open.



## Freedom passes up for renewal

People are encouraged to renew their Freedom Passes well before the old ones stop working at the end of March.

The new travel passes will now feature a photograph for added security, which means they can no longer be issued over the counter and may take up to ten days to come through.

You are eligible for a Freedom Pass if you live permanently in London, are 60 or over or have an eligible disability.

If you are an eligible older person you can download information and an application form at [www.newham.gov.uk](http://www.newham.gov.uk) which you can take to your local Post Office. You can also pick up a printed version from the Post Office.

If you are under 60 with an eligible disability you need to apply first at your nearest Local Service Centre. Call 020 8430 2000 or visit [www.newham.gov.uk](http://www.newham.gov.uk) to find your nearest one. If you experience difficulties then do call the service centre and they will discuss possible alternative arrangements.

A roadshow takes place at Stratford Shopping Centre on Friday 5 February, from 9am-5pm, where people can get advice.





# News

## Holocaust is remembered

A service will take place at 10.30am on Wednesday 27 January at Newham Town Hall in East Ham to mark Holocaust Memorial Day.

The service is being organised by Newham Council to mark the anniversary of the liberation of the Nazi concentration camp Auschwitz-Birkenau. Students from Newham College who have visited the camp will describe their experiences and short film, *The Legacy of Hope*, will be shown.

Children are also being encouraged to visit libraries where Holocaust exhibitions will be on display. Highly acclaimed film *The Boy in the Striped Pyjamas* will be shown at Stratford Library on Monday 25 January at 5pm. It tells the story of a friendship between a young Jewish boy in a concentration camp and the son of the Nazi camp leader.

Cllr Neil Wilson, executive member for equalities and social inclusion, said: "We celebrate Holocaust Memorial Day in the hope it may never be repeated, for humanity's sake."

## Troublemakers pledge to behave

Two teenage troublemakers have been given Acceptable Behaviour Contracts and written an apology letter to shopkeepers after measures were taken to improve their behaviour.

The council's community safety team worked with East Ham Police Safer Neighbourhoods Team and Newham Homes to identify those responsible for a two-year period of trouble in High Street North.

Shopkeepers were subjected to verbal threats, harassment and physical assaults. After pinpointing the two ringleaders, aged 14 and 15, officers contacted their families. Both boys agreed to write apology letters to shopkeepers and sign Acceptable Behaviour Contracts, which expire on 6 May.

Restaurant owner Ali Mian said: "I am happy that those involved have apologised. I appreciate what the council has done to improve the situation."



Mr Mian

## Golden girl launches Youth Games

Golden girl Christine Ohuruogu shone at Plaistow's Cumberland School where she was unveiled as the official patron of the 2010 London Youth Games.

The 2008 Beijing Olympic 400m champion, who was raised in Stratford and awarded freedom of the borough by Newham Council last year, wowed youngsters at the school.

As a youngster, Christine cut her competitive teeth at the London Youth Games, representing Newham in netball and athletics. She said: "I'm really happy to be patron of the Games. It is an event which holds a lot of fond memories for me."



Christine with Cllr Ian Corbett (centre) and Anthony Kendall, LYG Chair

## Warning over bogus council callers

Newham Council is warning residents about bogus callers claiming to be from the council offering grants for government loft insulation.

We have received complaints from people who have been contacted by supposed council workers asking for personal details including incomes. We advise all homeowners not to give out such information over the phone.

Concerned residents can contact Consumer Direct on 0845 4040506.

# Tolerance and respect

How many of you, like me, were appalled by news that the infamous Arbeit Macht Frei sign at the entrance to the Auschwitz-Birkenau death camp in Poland had been stolen?

The sign was pulled down from above the gate of the camp where more than a million people – 90 per cent of them Jews – were murdered by the Nazis during World War II.

On January 27 we mark Holocaust Memorial Day, the anniversary of the liberation of the camp, with a service at Newham Town Hall in East Ham.

We must never forget the lessons of the Holocaust. We must remember the victims and survivors and also those affected by other atrocities spawned by conflicts worldwide, hoping they are never repeated.

“I am proud to live in Newham because we have a community that lives together in mutual respect and tolerance.”

To be persecuted because of gender, disability, sexual orientation, age, race or belief is wrong. People should be able to live their life in whatever way they choose – openly, honestly and

with no regrets – that is part of our common values.

In February we mark Lesbian, Gay, Bisexual and Transgender month. It is a clear statement of our ideals of tolerance and respect and a rejection of narrow minded judgement and hatred. Live and let live is what I say. In this day and age people must wake up and stop hating so much.

I have said it before, but for all our cultural differences we in Newham

have more to unite us than divide us. We do things together. Suspicion, ignorance and prejudice only grow where people's lack of contact with each other means they never see the interests they all share.

I am proud to live in Newham because we do have a community that lives together in mutual respect and tolerance. If we can't see the value of that now, then we never will.



## Mayor's view



## Honours are simply top class

We have some excellent head teachers in Newham who are totally committed to the children of the borough. They and their staff work tirelessly to ignite a passion for learning and give young people the best possible start in life.

Jane Johnson from St Stephen's Primary School in Upton Park received a well deserved OBE in the New Year honours for services to education and I visited the school to congratulate her and meet her pupils.

Jane has been teaching in Newham since 1973 and at St Stephen's since 1983. She loves her job and wanted everyone to know that she is accepting the honour on behalf of everyone at the school.

Well done also to head Paul Harris from Curwen School in Plaistow who was invited to meet Prime Minister Gordon Brown at 10 Downing Street in recognition of the excellent inspection results achieved at the school.



(Above) Jane Johnson with Sir Robin and pupils



(Right) Paul Harris (r) with Prime Minister Gordon Brown



Switching on the lights with Cllrs Unmesh Desai, Paul Sathianesan and residents

## Lighting up a new hope

I went to High Street North in Manor Park to switch on lights for the Pongol festival, which is popularly known as International Tamil Day, celebrated by communities in southern India, Malaysia, Singapore, Mauritius, South Africa and Sri Lanka.

I enjoy it when people from all our communities come together to celebrate festivals from around the world.

Pongal offers hopes of a fresh new beginning for the coming year. I know communities in Sri Lanka have had a difficult 12 months and I hope this new year will bring them peace and relief.

## Praise for carnival pupils

I dropped in on Calverton School in Custom House to present children with a silver plate award and medals for taking part in the carnival procession at the Mayor's Newham Show.

It was great to hear how much fun they had preparing for the parade and on the day itself. The show and the carnival is an important part of our year and I encourage every school to take part because it is an event everyone can enjoy.



Calverton School pupils and head teacher Shabana Hamid

# with Sir Robin Wales

# Get your voice **heard**

Register now and make sure your votes count in 2010

Election fever is set to grip the nation and nowhere more so than in Newham. With mayoral and local elections due to take place in the borough on 6 May, the country is also set for a general election to vote in our Parliamentary representatives.

There has been much speculation about when the general election will take place, but all we know for certain is that it must take place on or before 3 June. It could even be held on the same day as the mayoral and local elections here.

The various ballots will offer you the opportunity to elect the councillors, mayor and MPs to represent you and your community on the important issues that affect you. This could be everything from

roads and recycling to crime, education and climate change.

You don't want to miss your chance to have a say in who represents you so make sure you are registered on the electoral roll.

Registering is a straightforward process but if you don't do it then you can't vote – it's as simple as that. What's more, the sooner you register the better. Don't wait until it's too late – register today and you can definitely have your say.

Also be aware that if you haven't re-registered in the past six months you may no longer be registered. If you are unsure please contact electoral services on the number below.

## **How to register**

**Call:** Newham's electoral services team on **020 3373 1600**

**Web:** register online or find out more by visiting **[www.aboutmyvote.co.uk](http://www.aboutmyvote.co.uk)**

**Visit:** the electoral services team is based at **Newham Town Hall, Barking Road, E6**

**Deadline:** you can register to vote up to 11 days before election day. Act today to make sure you have your say.







National running network for everyone-

## Leaders Wanted in London for a new and exciting running initiative

**Enthusiasm NOT speed is what we need  
Could you help beginner runners get started?**

- We are looking for people to train as running leaders, to lead a 'Run in England' group within their local area.
- These groups are part of a nationwide programme designed for people who are new to running.
- To get involved all you need is to:- Get in touch!  
Get qualified!  
Get Started!
- Support and guidance will be given to all leaders to launch these community running groups.

**For more information please contact:-**

Natalie Kavanagh-Clarke

Email: [nkclarke@runinengland.co.uk](mailto:nkclarke@runinengland.co.uk)

Telephone: 07889 178 534

Application forms are also available from  
the Run in England website at  
[www.runinengland.co.uk](http://www.runinengland.co.uk)

-any age, shape, size or ability!



**do**running

**To find out more about joining a  
group, becoming a leader or  
forming a partnership within the rest  
of England contact the RIE team.  
Email: [info@runinengland.co.uk](mailto:info@runinengland.co.uk)**

## Newham

### Local Housing Allowance (LHA) rates January 2010

#### Number of bedrooms

#### Weekly amount

shared room rate (one bedroom in shared accommodation)	£ 73.85
1 bedroom	£ 165.00
2 bedrooms	£ 201.92
3 bedrooms	£ 253.85
4 bedrooms	£ 296.54
5 bedrooms	£ 360.00

The table shows the rates we will use to calculate the maximum amount of housing benefit for tenants affected by LHA. The actual amount of benefit that a tenant will get depends on income, savings and who lives with them.

*From 06 April 2009, the maximum LHA rate payable for new claims is for the five bedroom rate only.*

#### How to work out LHA entitlement

The LHA rate a tenant is entitled to depends on the number of bedrooms allowed for them and their household.

One bedroom is allowed for

each of the following:

- > a couple
- > a single adult/young person (over 16)
- > two children of the same sex under the age of 16
- > two children regardless of sex under the age of 10
- > any other child

For example, an adult couple with a child would be entitled to one bedroom for the couple and one bedroom for the child.

This means that the 2 bedroom LHA rate would be used to work out their benefit.

**Call Newham Council Tax and Benefits Service on 020 8430 2000 for further information**

# GROUNDWORK LONDON JOBS OF THE FUTURE

## » Are you looking for work?

**Are you an 18-24 year old Newham resident who has been out of work for over 6 months?** Are you interested in training for a career in horticulture, warehouse, admin, recycling, furniture restoration, childcare... **and earning while you learn?**

For more details contact the

**Employment & Skills team:**

Tel: 020 8522 6495

Email: [cep@groundwork.org.uk](mailto:cep@groundwork.org.uk)

Stratford Advice Arcade,

107-109 The Grove, Stratford E15 1HP

## » Are you a small to medium Newham business?

Are you in the market for supplying the public sector? We can provide free advice on how to upgrade your environmental policy, a free recruitment and screening service... and we can help to reduce your energy and waste disposal costs with an environmental audit.

For more details contact the

**Environmental business team:**

Tel: 020 7960 2675

[www.groundwork-london.org.uk](http://www.groundwork-london.org.uk)

As a charity, Groundwork London works alongside local communities, public bodies, private companies and other voluntary sector organisations to support communities.



Jobs to green our city and to improve the places we live are jobs we need now but also jobs with a future. With the support of the Future Jobs Fund and our local partners, Groundwork is creating new roles that improve the skills, confidence and employability of jobseekers whilst improving the quality of life for everyone.





# On your marks for the Newham London Run

**Dust off your trainers and your running gear because here's your chance to take part in the Newham London Run and make history at the same time.**

This momentous event takes place on Sunday 7 March around Stratford Park, West Ham Park, The Greenway and Stratford town centre, past the spectacular 2012 Games stadium, in the first sporting event to enter the Olympic Park.

Runners aged 15 and over of all abilities are welcome and the closing date for entries is midnight on Sunday 14 February. The first 500 Newham residents who email [run@newham.gov.uk](mailto:run@newham.gov.uk) will get FREE entry to the race otherwise the fee is £20 by registering at [www.newhamlondonrun.org](http://www.newhamlondonrun.org)

For those who feel 10k is a little too far, families can take part in a 2.5k run. Entrants must be aged five and over and entry is £5 per participant. The course starts and finishes beside Stratford Park

in West Ham Lane. Runners will receive a goody bag, which includes a well deserved medal and T shirt.

## Free family Fun Day

After the run you can enjoy a fantastic free, Fun Day packed with entertainment, music and dance for the whole family.

There'll be an entire area dedicated to sport in Stratford Park, including basketball and football demonstrations. There will be a thrilling extreme sports area with a skateboarding park and BMX bikes, as well as bouncy castles, rides, dance and much more!

In Stratford Shopping Centre you'll be able to race on a special running track and find out about sports clubs in your area.

Mayor Sir Robin Wales said: "I'm thrilled Newham is again holding its very own 10k run and giving people of all ages and abilities an opportunity to make history.

"Newham is known for fantastic free events and this will be another great day out. Even if you're not going to join the run, come and cheer everyone on and enjoy the fun!"

Champion olympic runners, Ethiopians Kenenisa Bekele and Tirunesh Dibaba, showed their support for the run when they visited the Olympic Park Viewing Gallery at Stratford's Holden Point. Kenenisa said: "It's an honour to be in Newham to see the Olympic Park being constructed."

## Newham London Run and free Fun Day

**Sunday 7 March**

In and around Stratford Park, Stratford town centre and the Old Town Hall.

Watch out for updates in the **Newham Mag** and on [www.newham.com](http://www.newham.com)

Kenenisa, left, and Tirunesh support the Newham London Run



Get involved, get advice  
– have fun, drop in to ...

# Newham Health Fair



Newham Health Fair and FREE Health  
Checks, Saturday 23 January 2010, Stratford  
Centre and Stratford Town Hall, 10am-5pm

For more information about the Newham Health Fair visit:

[www.thenewhamhealthdebate.com](http://www.thenewhamhealthdebate.com)



Some of the new  
enforcement officers



# FLY-TIP TASKFORCE CLEANING UP THE STREETS



Under investigation:  
looking for clues in  
East Ham



# Cracking down on fly-tipping and getting rubbish bags off the streets is one of the council's main priorities. Evidence shows that much of the mess on our roads comes from businesses that put out rubbish to be picked up, but who do not have a trade waste agreement – the necessary legal licence for collections.

A new task force is tackling this problem head on. Street scene enforcement officers are pounding the pavements and have begun cracking down on the waste generated by more than 5,000 businesses across Newham; in total, 51 officers will be recruited.

The street scene enforcers and trade waste officers are visiting businesses across the borough. So far they have worked their way along Green Street in Upton Park and high streets in Plaistow, Manor Park and East Ham.

Since last July almost 75 per cent of the borough's businesses have been covered, with officers visiting more than

**“ Illegal trade waste is a massive problem and we are taking action ”**

3,600 premises. They have been ensuring that the businesses have a trade waste agreement in place and are complying with the law.

During their investigations officers found that some businesses have been disposing of their rubbish illegally for many years.

The law states that businesses should take all reasonable steps to ensure that waste is not handled illegally and is only transferred to an authorised person together with a waste transfer note.

Each business is advised, initially verbally and by letter, about why they need to have a trade waste agreement in place. The street scene enforcement officers carry out follow-up visits and are empowered to issue a formal enforcement notice and then a fixed penalty fine or threat of prosecution.

Many businesses do comply with the law and maintain accurate records. However, 940 businesses are under enforcement investigation for allegedly failing to produce a trade waste agreement; they could face a fixed penalty notice of £300.

The street scene officers also have a range of powers to take enforcement actions in respect of abandoned vehicles, graffiti and fly-posting, dog fouling and nuisance noise from dwellings.

Mayor Sir Robin Wales said: “Illegal trade waste is a massive problem and we are taking action. We will give businesses the opportunity to get the proper agreements, but we will not hesitate to take enforcement action if we have to.”

## What businesses need to know

### What is trade waste?

Any waste that comes from businesses and shops is trade waste. This includes, for example, an office (or shop) litter bin, delivery boxes, packing from suppliers and shops or canteen waste from staff.

### Complete a waste transfer note

When handing waste to your authorised carrier, you must complete a waste transfer note giving a written description of the waste. Waste transfer notes contain:

- > a description of the type of waste and a reference to the correct code from the List of Wastes
- > the quantity of waste
- > whether it is being transferred loose or in a container
- > if it is in a container, the kind of container
- > the time and place of the transfer
- > your name and address
- > the name, address and waste carrier registration number of the person you are transferring your waste to.

Complete and sign your section of the waste transfer note. Make sure your waste carrier does the same.

### Keep your copy of the waste transfer note for at least two years

If you fail to keep to your waste transfer notice you could face a fixed penalty notice of £300 for failing to produce it, duplicate copies or other suitable documentation.

### Protect and store your waste safely

If you are the waste producer, you must store your waste securely at your premises pending its collection.

### Only use waste carriers that are registered with the Environment Agency

To find a contractor who can take waste, businesses can use the Find a Carrier section of the Environment Agency's online waste directory at [www.wastedirectory.org.uk](http://www.wastedirectory.org.uk)

### Make sure you know where your waste is going

As a sensible precaution, ask your waste carrier where your waste is being taken and keep a record of this. Waste can only be taken to sites that are authorised to receive it. Such sites are either registered as exempt or have a permit issued by the Environment Agency.

### Illegal disposal or fly-tipping

If you are a business and you put your rubbish out on the street for the council to collect then you are fly-tipping and can be given a fixed penalty notice of £80 or a fine on conviction of up to £2,500 in a criminal court.

**If you want advice about trade waste agreements contact the council's trade refuse team on 020 8430 2000.**

**The Mayor's Promise #4**

**More street scene enforcement officers**

# Quality street

Newham is a place of progress. This year almost £24m will be spent across the borough on almost 100 schemes as part of the council's Environmental Improvement Programme (EIP). In his annual contract to residents Mayor Sir Robin Wales said he wanted everyone to feel pride in where they lived. The EIP is just one way we're making that happen.

**The Mayor's  
Promise #9**

**Upgrading your area**



Cllr Andrew Baikie  
in Manor Park

The EIP came together after councillors consulted with residents to find out what concerns they had about their local area and, importantly, what improvements they thought were needed to make things better. Issues that came up included upgrades to roads, parks and play areas, lighting and resolving traffic issues.

Work is under way and lots of improvements have already been made in all nine community forum areas.

## **Beckton – Savage Gardens**

Locals told councillors that the poor quality street lighting and general bad condition of the road and pavements needed to be resolved.

Street lighting has been renewed, kerbs are being re-laid, with footpaths and roads resurfaced.

## **Custom House – Munday Road**

Following residents' concerns about the road and street name signs, improvements including reconstructing the road and footpaths and renewing the street lighting and name signs have been made.

## **East Ham – Hollington Road**

Councillors spoke to residents and they

identified issues such as poor road drainage, damaged or missing street name signs, tree damage to kerbs and substandard roads and pavements.

Additional drainage has been installed, street lighting columns and lanterns and street name signs renewed. Kerbs have been relayed and the roads and pavements resurfaced.

## **Forest Gate – Forest Lane Park**

This park has celebrated its tenth consecutive Green Flag award last year and has got more to celebrate this month with the reopening of the park (see your In Focus for more details.) Check out the brand new play area for children and the natural play area (by the lake), explore the nature trail marked by wooden totem poles and try out the new exercise machines on the trim trail.

## **Green Street – Montpelier Gardens**

A range of measures have been put in place to improve this road including renewing street lighting, pavements and kerbs and resurfacing the road.

## **Manor Park – Dersingham Avenue**

Possibly the worst road in the borough as touted by residents. Concerns included poor visibility at junctions, drivers turning into the one-way street in the wrong direction and localised drainage problems.

Improvements saw roads and footpaths reconstructed, additional drainage and the renewal of existing traffic calming measures.

## **Plaistow – Selwyn Road**

In this area, locals' main concern was the general poor condition of the pavements.

Councillors took heed and pavements were resurfaced and street lighting renewed.

## **Royal Docks – Factory Road**

Here councillors acted on residents' concerns by renewing kerbs where necessary and resurfacing the road.

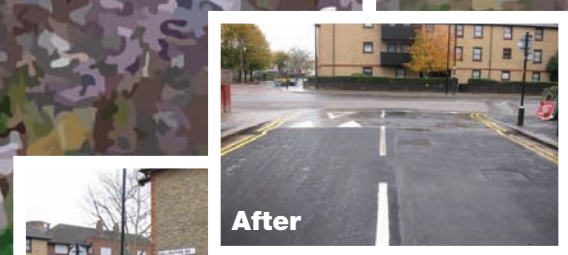
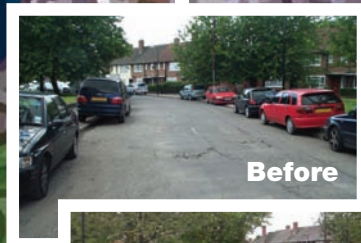
## **Stratford and West Ham – Maryland Road**

Street lighting has been renewed, kerbs replaced and roads and footpaths resurfaced making the area more attractive.



In the coming months we'll be asking you about your thoughts on the EIP and if you feel it's made a difference. In the meantime if you have any comments about your area you can send them to us by emailing [graham.dickerson@newham.gov.uk](mailto:graham.dickerson@newham.gov.uk)









# Enforcing a change

**One of the promises made by Mayor Sir Robin Wales was a new team of street scene enforcement officers to tackle issues such as fly-tipping, littering, graffiti, fly-posting and abandoned vehicles among many others. Calvin McLean, 26, is one of the new recruits.**

Calvin has already had some experience in the world of law enforcement thanks to a nine-year civilian staff career with the Metropolitan Police Service as a communications officer in their control room at Lambeth.

**Why did you want to change to a more hands-on approach?**

"I didn't want to be stuck behind a desk every day looking at a screen. I wanted a job that gets me out doing something with people and for people – something that can make a real difference to the community in which they live.

"Although I was in a civilian role with the Met Police, being a serving police officer just didn't appeal to me. Law enforcement

work is much more than dealing with serious crime and nicking people. I wanted a job that would allow me to show the friendly face of enforcement work, not an angry one.

"When I saw the job advertised I was really impressed, I could really see myself doing the job. It was the thought of doing something different every day that appealed to me most. Also working in a borough that is so multi-cultural and is hosting the Olympic and Paralympic Games in 2012 was important to me."

**Tell us about the type of duties you carry out**

"As enforcement officers we have a big part to play in maintaining environmental standards across the





# for the better

borough. We respond to complaints from the community, we give advice and investigate and take enforcement action where there appears to be breaches of the relevant criminal and civil legislation.

“We are out on the streets where it matters most. By being out there, in uniform, we can deter people who think it is OK to make the place untidy or too lazy to put rubbish in a bin.”

## **What do you like about the job?**

“I like the fact that we are able to deal with so many different things. We investigate litter and waste that has been dumped in the borough, we check for abandoned and other nuisance vehicles. We can prevent people from selling cars

on the streets. We can also put a stop to those who trade illegally on the street and stick up unsightly fly-posters or graffiti.

“What I also like about the job is that we are always educating people – it’s not just about issuing Fixed Penalty Notices to people. We want to give people the chance to learn from their mistakes. We can show them the consequences of their actions – if they drop something as simple as a crisp packet or as small as a cigarette butt it could hit them hard in the pocket.”

## **What can people do to help?**

“I hope people are already seeing the results of our actions, but everybody can play a part in what we are doing to keep the borough clean and tidy.

“We will continue to work hard with other council officers, and the police, if necessary, in making sure people know what is an offence or if something is anti-social.

“We will issue cautions and warnings and Fixed Penalty Notices where required. If people just thought before they did something, it could make life so much better. Together we can solve any problems and make sure the actions we are taking today create a better future.”

**To report any anti-social  
behaviour call the free 24 hour,  
confidential hotline number on  
0800 7313300**



# TAKE THAT TO THE BANK

**If you have clothes you no longer want, pass them on through a new addition to Newham's recycling family.**

Sixteen textile banks have been introduced across the borough where you can recycle unwanted items from trousers to T shirts, saris to school uniforms or even pairs of shoes and belts.

When a bank becomes full the contents are transported to a sorting warehouse in Canning Town. Each item is separated by garment and material type, baled together and exported to developing countries overseas. The textiles are then distributed to local markets where stallholders sell the items to the surrounding communities; it takes only four weeks for an item deposited at a bank to make it to an overseas community market.

Anything unsuitable for reuse is separated by material type and recycled. Absorbable materials, such as cotton and linen, are cut into industrial wiping rags. Other materials such as wool are either shredded and made into felt or new yarn.

The banks have been installed by Newham Council in partnership with recycling company Lawrence M Barry.

## **Bank it**

The banks can be found at the following recycling sites:

**Tollgate Road, E16**

**Stansfield Road - opposite Newham City Farm, E16**

**Wythes Road, E6**

**Drew Road Estate, E16**

**Evelyn Road, outside Evelyn School, E16**

**Plaistow Station, E15**

**Plaistow Road, junction with Harcourt Rd, E13**

**Katherine Road, opposite Heigham Rd, E7**

**Barking Road, opposite Selsdon Road, E13**

**Crescent Road - behind Green Street, E13**

**Glenparke Road - off Green Street, E7**

**Carpenters Community Centre, Gibbins Rd, E15**

**Plashet Grove, near Plashet School, E6**

**Barking Road Recreation Ground, E6**

**Tennyson Point, E15**

For more information on recycling call 020 8430 2000 or visit [www.newham.gov.uk](http://www.newham.gov.uk)



# Plant for Life

**JOIN THE FUN AT YOUR LOCAL PARK IN 2010**

**Come along to help improve your local park with lots of activities to get involved in.**

Help plant 2012 trees and spring flowering bulbs.

Plus: bird home building, arts and crafts workshops, bushcraft activities.

**Saturday 13 February**

**11am-3pm**

**Keir Hardy Recreation Ground**

Tarling Road, E16

**Tuesday 16 February**

**12noon-4pm**

**Royal Victoria Gardens**

Pier Road, Off Albert Road, E16

**Saturday 27 February**

**12noon-4pm**

**Odessa Road Open Space**

Forest Gate, E7

**Saturday 13 March**

**12noon-4pm**

**Plaistow Park**

Greengate Street, E13

**For more information: call 020 8430 2000**

**Email: [yourparks@newham.gov.uk](mailto:yourparks@newham.gov.uk)**

**Or visit: [www.newham.gov.uk](http://www.newham.gov.uk)**

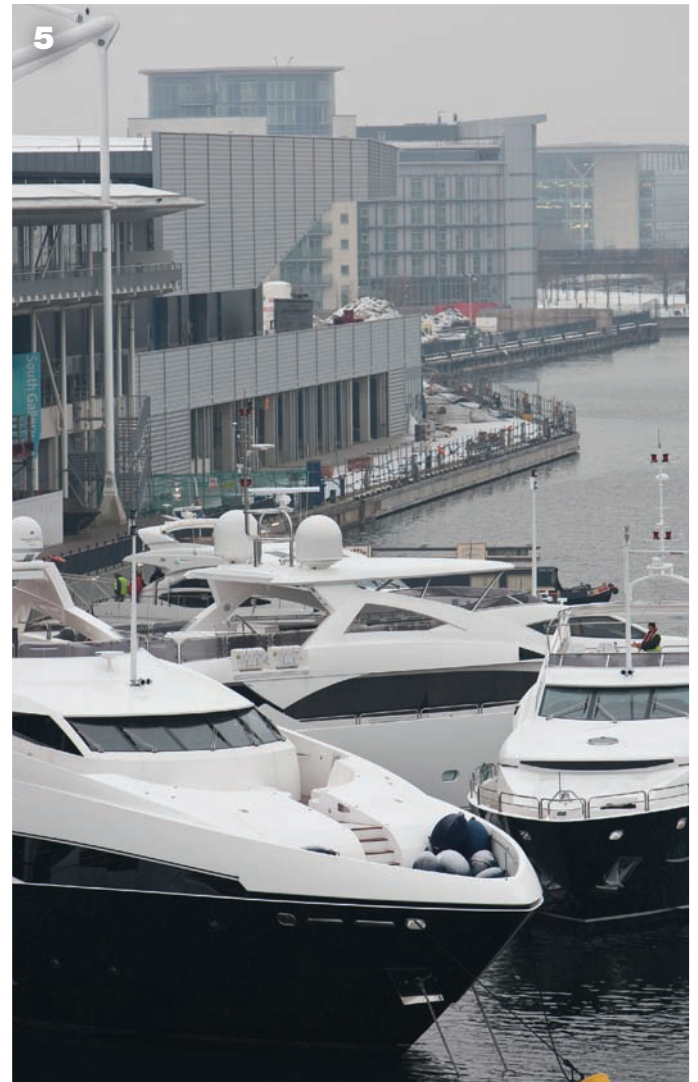
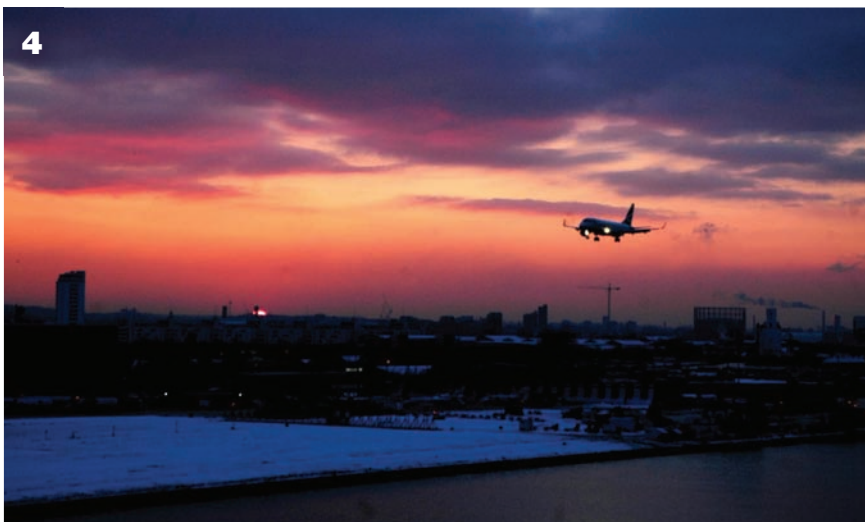
**FREE**





Newham in pictures





**1** It's snow joke: taking a brolly good walk in Beckton District Park North. **2** Lorries prepare to grit the roads to keep the borough moving during the cold snap. **3** Cranes and homes feeling the cold near Royal Victoria Dock. **4** Anything but plain – Newham at dusk. **5** Making waves at the London International Boat Show at ExCeL exhibition centre.

# YOU CHOOSE... NEWHAM READS!

**From fairy tales to fantasy worlds, when it comes to books the choice at your local library is limitless. Now it's time for you to choose Newham's Big Read by voting for your favourite of seven shortlisted titles featuring at a shelf near you.**

The search for Newham's Big Read is part of the Newham Reads campaign which will help you discover libraries in a new light with free events including movie screenings, creative activities, and author readings.

Whether books make you squirm or you consider yourself a bookworm, there's something for all tastes in the Newham Reads shortlist. From the light and funny *Pride and Prejudice* and *Zombies* to serious historical novel *The Suspicions of Mr Whicher*, you decide what tops our poll. You'll also be encouraged to post reviews and share your thoughts with other readers. The book with the most votes will be named Newham's Big Read on World Book Day

on 4 March.

And it could pay to read. All readers will be entered into a prize draw for a £50 voucher to spend in Plaistow's Newham Bookshop.

So head down to your local library and check out some of the shortlisted books, listed right. Casting your vote is easy – you can do it at the library or email your favourite read to [newham.reads@newham.gov.uk](mailto:newham.reads@newham.gov.uk)

**Drop into your local library (see page 35 for addresses) or keep reading the Newham Mag for details of the all the awesome events on offer.**

**IQ**  
your  
**Libraries**





## Our riveting reads

### Silvertown, Melanie McGrath

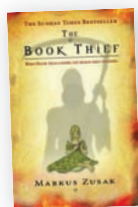
Silvertown teems with stories of life in the docks and pubs and dog tracks of the old East End where Melanie McGrath's grandparents scraped a living. This evocative and moving family memoir recreates the lost East End and the struggles of those who lived there.

### One Day, David Nicholls

Emma and Dexter meet for the first time on the night of their graduation. Tomorrow they must go their separate ways. Where will they be on this one day next year? And the year after that? And every year that follows? Twenty years, two people, One Day.



### The Book Thief, Marcus Zusak



When nine-year-old Liesel arrives outside the boxlike house of her new foster parents, she refuses to get out of the car. Liesel has been separated from

her parents - 'Kommunists' - for ever, and at the burial of her little brother, she steals a gravedigger's instruction manual which she can't read. It is the beginning of her illustrious career.

### Things Fall Apart, Chinua Achebe

Okonkwo is the greatest warrior alive, famous throughout West Africa. But when he accidentally kills a clansman, things begin to fall apart. With his world thrown radically off-balance he can only hurtle towards tragedy.

### Pride and Prejudice and Zombies, Jane Austen and Seth Grahame-Smith

A mysterious plague has fallen upon the quiet English village of Meryton - and the dead are returning to life! Feisty heroine Elizabeth Bennet is determined to wipe out the zombie menace, but she's soon distracted by the arrival of the haughty and arrogant Mr. Darcy. Pride and Prejudice and Zombies features the original text of Jane Austen's beloved novel with all-new scenes of bone-crunching zombie action!

### Juliet, Naked, Nick Hornby

Annie lives in a dull town on England's bleak east coast and is in a lacklustre relationship with Duncan. Tucker was once a brilliant songwriter and performer who's in seclusion in rural America - or at least that's what his fans think. Duncan is obsessed with Tucker's work so when Annie dares to go public on her dislike of his latest album, there are quite unexpected, life-changing consequences for all three.

### The Suspicions of Mr Whicher, Kate Summerscale

It's summer in 1860 in the village of Road in Wiltshire. The Kent family wake to discover that a gruesome murder has taken place in their home. Celebrated detective Jack Whicher of Scotland Yard faces an unenviable task: to solve a case in which the grieving family are the suspects.

This true story has been resurrected for your reading pleasure.



**The start of the New Year would have seen its fair share of proposals between couples who decided they wanted to seal their relationship by tying the knot.**

In 2009 almost 1,000 couples registered their marriage or civil partnership at Newham's Register Office in Plashet Grove, East Ham, and other premises approved to host such ceremonies.

For people looking to arrange straight marriages or civil partnerships there are a number of venues in Newham, outside of churches or places of worship, which can stage them. They are:

- > **Brick Lane Music Hall, E16**  
Tel: 020 7511 6655
- > **ExCeL London International Exhibition Centre, E16**  
Tel: 020 7476 0101
- > **Crowne Plaza London Docklands, E16**  
Tel: 0870 990 0692
- > **Novotel London Excel, E16**  
Tel: 020 7540 9700
- > **Passmore Edwards Building, E6**

Tel: 020 8430 3616/3617

- > **Ramada Hotel, E16**  
Tel: 0870 111 8779
- > **Old Town Hall, Stratford, E15**  
Tel: 020 8430 3841
- > **Tereza Joanne, E16**  
Tel: 020 7511 5000
- > **West Ham United, E13**  
Tel: 020 8548 2748

The Civil Partnerships Act 2004 gave same sex couples all the rights and benefits available to straight married couples.

There are two differences. One is that a civil partnership is formed when the second of the two parties signs the partnership papers, while a marriage happens when the partners exchange spoken words and sign the register. The other is that civil partnerships cannot be carried out by a religious minister or held in a church or place of worship. Straight couples cannot have a civil partnership.

Cllr Neil Wilson, executive member for equalities and social inclusion, said: "We have always been at the forefront of



the civil partnership ceremonies, but we congratulate all couples who have already registered or are considering registering their relationship in future."

**For further information about marriage ceremonies and civil partnerships in Newham email [register.office@newham.gov.uk](mailto:register.office@newham.gov.uk)**



# A civil way to get hitched



# Public Notice



## London Borough of Newham Designation of an area for selective licensing 2009

The London Borough of Newham in exercise of its powers under section 80 of the Housing Act 2004 ("the Act") hereby designates an area in Little Ilford for selective licensing. This designation shall apply to the area of Little Ilford to the north of and including numbers 821 - 997 Romford Road, and south of the mainline railway, with Aldersbrook Lane to the eastern boundary and The Warren to the western boundary.

This designation was required to be confirmed and has been confirmed by the Secretary of State for Communities and Local Government under the power conferred on them by section 82(2) of the Act.

The designation was confirmed on November 24 2009 and shall come into force on March 1 2010.

This designation shall cease to have effect on February 28 2015 or earlier if the council revokes the scheme under section 84 of the Act.

All privately rented properties that are occupied under a tenancy or licence within the designated area will be required to be licensed. If you are a landlord, managing agent, tenant or if you require any further information on the selective licensing designation or an application pack to licence a property the London Borough of Newham can be contacted through the Neighbourhood Improvement Zone team on 020 3373 0995, email [Resid.Niz@newham.gov.uk](mailto:Resid.Niz@newham.gov.uk), or in writing to the Private Sector Housing Group, London Borough of Newham, 3rd Floor West Wing, Newham Dockside, 1000 Dockside Road, London, E16 2QU. This designation may be inspected at the above address.

All landlords, managing agents or tenants within the designated area are invited to seek advice on whether their property is affected by the designation by email or in writing to the above address.

A person who operates a licensable property without a licence or allows a licensed property to be occupied by more households or persons authorised by a licence is committing an offence and is liable on summary conviction to a fine not exceeding £20,000.

This designation is made by the **London Borough of Newham, Newham Dockside, 1000 Dockside Road, London, E16 2QU**, telephone **020 3373 0995**, email **[Resid.Niz@newham.gov.uk](mailto:Resid.Niz@newham.gov.uk)**

# Applause for health workers

**People working at places like hospitals and councils are generally considered to be that organisation's most important asset. What they do to deliver excellent services is often evident, but not always celebrated.**

The past 12 months proved successful for Newham University Hospital NHS Trust. It opened new facilities, won plaudits for high quality healthcare and staff awards gave local people the chance to thank those who changed lives for the better.

Awards for Most Caring Individual, Best Ward and Best Team were nominated by patients.

Carina Haywood, a Registered Nurse on East Ham Ward, won the first. She was described as "giving much more than what her job requires" and "being a very caring person who always has a smile on her face".

Carina said: "I believe it is my job to maintain high standards of care. I treat my patients like family. The key to providing first class care is to listen to people."

West Ham Ward was awarded Best Ward. Comments from patients included "they take the time to explain care to patients and relatives" and "their service cannot be described in words".

Matron Frank Brennan said: "Staff on

the ward really care about patients. They work hard but maintain a sense of fun and happiness, building good rapport with the patients."

Patients nominated the Cardiac Rehab Team for the Best Team award. One patient commented: "After my quadruple bypass I was depressed and unwell but with their help I managed to cope with life again."

Tracy Kitto, cardiac co-ordinator, said: "We thank people for nominating us. However, we are only as good as the patients who attend and the colleagues we work with."

Trust chief executive, Andrew Woodhead, said: "The awards are a reminder of the fantastic care we provide on a daily basis to thousands of patients."

Other Trust successes last year included the Mallabar Award for improving services for older people; the Best Partnership Award from Job Centre Plus; new single sex accommodation that improved the experience for patients; new End of Life facilities and a Healthcare Financial Management Association award for efficiency.



West Ham ward staff from left, registered nurse Sujamda Nair, matron Frank Brennan and Trust chief executive Andrew Woodhead



Caring winner Carina



Cardiac co-ordinator Tracy Kitto and Mr Woodhead



# NEWHAM SERVICES FORUM

TO ADVERTISE IN THE NEWHAM SERVICES FORUM PLEASE CONTACT JULIE MADELL ON 07890 529 090

## Free Salsa classes

For Newham residents for 10 weeks starting from 3/2/10

**Every Wednesday  
From 6.30-7.30  
and 7.45-8.45pm**

@Durning Hall Centre,  
Earlham Grove, Forest Gate,  
E7 9AB

100 places available (first come first served). Two classes weekly

Learn to dance salsa in just 10 weeks!  
Suitable for beginners & improvers

Keep fit dancing, meet people & have fun! All ages welcome. No partner needed. **Info: 07946 815623**

organised by



funded by



## Training & Conference Facilities:



Newham London

**Newham's Professional Development Centre  
to hire for meetings, training, seminars & events.\***

- 15 rooms for groups of 6 – 150
- most with wheelchair access
- £60 to £192 per day
- with multimedia projector, video, flipchart
- off-street parking for 120 cars
- Café – meals, snacks & refreshments
- Media Services – one-stop print shop.

\*Not available for party hire.

**CREDON CENTRE**

0208 430 5943 [www.npd.newham.gov.uk](http://www.npd.newham.gov.uk)

## THE NATURAL HEALTH CLINIC



**The world's no.1 live blood nutrition test  
clinic 55 tests in 1hr 30 mins 100% natural  
remedies 75% discount for 7 days only.**

Harley St Clinic call **0800 9558583**  
East London Clinic call **0208 8199477**  
**[www.livebloodtest.org/health](http://www.livebloodtest.org/health)**



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[@newham.gov.uk](mailto:@newham.gov.uk)

# YOUR SPACE

where young people take control

## COMMITTED CADETS

Canning Town teen Robert Sewell, 19, talks about  
his role as a Volunteer Police Cadet.

"I have always wanted to be a police officer so when me and my friend Jack Topping, 18, found out about the Metropolitan Police Cadets we thought joining would be a step in the right direction.

"Since joining cadets we've learnt lots, like working as a team, leadership skills and problem solving, as well as controlling a situation and learning about the impacts of our actions – something which helped us when we ran a youth club in Canning Town. Once a year we go away on a week's residential to learn more, boost our strengths and tackle our weaknesses. We've also made friends with other young people from our community and learnt about their cultures and lifestyles.

**"Being a cadet is an exciting way to make friends, pick up valuable skills and have fun."**

"The cadets is an extension of the police family and can be found across London. Newham's unit is based at Eastlea School, E16. We meet every Thursday and do activities like marching, learning about the law and courts and role plays where we put ourselves in someone else's shoes, for example, stopping and searching another cadet.

"We help out at Newham events, stewarding and controlling traffic and we provide residents with crime prevention advice where we'll walk around a specific area and advise them how they can improve their safety.

"Being a cadet is an exciting way to make friends, pick up valuable skills and have fun. It's a chance to show what you're made of and earn the respect of those around you. No one judges you; if you're on our team we're only interested in where you're at now and where you're heading, not where you come from."



Robert and Jack at  
Eastlea School

**Police Cadets is open to anyone aged between 14 and 19.**  
To find out more, contact Pc Andrew Gibson 0750 088 1396





Simon as Mephistopheles

# Devilish drama

**Magic, greed and the classic conflict of good versus evil take centre stage at Stratford Circus in Christopher Marlowe's literary classic Dr Faustus, starring local actor Simon Rivers.**

Dr Faustus is the tragic tale of a genius's desire for knowledge – a thirst that leads him to sell his soul to the devil.

Mephistopheles, played by Simon, is the sinister, yet smooth, fallen angel damned to eternal hell for conspiring with the devil. Conjured by Faustus, Mephistopheles's role is to serve him his heart's desire in return for his soul.

Simon, originally from Birmingham, has lived in Stratford for two years. He moved to London, aged 24, to train as an actor – a self-confessed late starter

following his hesitation to embark on a career that was frowned upon in the Asian community. After training as a method actor he applied to RADA, the thespian's Oxbridge, where he graduated with a BA Acting degree.

Dr Faustus, the first full length run at Stratford Circus, isn't Simon's Stratford debut. Last summer he starred in *Where's my Desi Soulmate*, which enjoyed a successful season at the Theatre Royal. His screen credits include BBC medical drama *Crash*.

Living in a place he now considers home has seen Simon want to spread the acting bug. He has worked with students from Newham's secondary schools in a special project supported by Faustus director, Joss Bennathan, and directed

a show as part of last year's Gifted and Talented project.

Simon said: "It was a real pleasure to work with the young adults and help them learn about the acting profession.

"As an actor of colour I think it's important to help nurture talent in the local community; I wish I had a place like Stratford Circus where I grew up."

## Curtain call

Dr Faustus is running at Stratford Circus until Saturday 6 February. Tickets cost £16 or £12 for Newham residents. For tickets and more information call the box office on 0844 357 2625 or visit [www.stratford-circus.com](http://www.stratford-circus.com)

## Check your gas appliances

Residents are urged to be extra vigilant with gas boilers that have been relied on heavily during the cold weather.

To ensure appliances are safe and working effectively, you should have them safety checked and serviced every 12 months. It's also safer if you have an audible carbon monoxide alarm fitted so you will be alerted if dangerous levels are present in your home.

People in private sector housing can contact Newham Council if they are having problems with their heating that aren't being attended to by their landlord.

You should always use a Gas Safe Registered engineer for any maintenance and repair work. All engineers are listed on [www.GasSafeRegister.co.uk](http://www.GasSafeRegister.co.uk) and can also be found by calling 0800 408 550. You should also check the front and back of your engineer's Gas Safe Register ID card to ensure they're qualified to do the necessary work.



## Curtain up on theatre's past

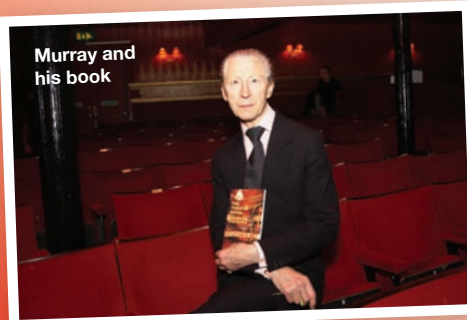
Actor Murray Melvin, who also doubles as Stratford Theatre Royal's archivist, has launched a new book detailing the 125-year history of the popular venue.

The History of the Theatre Royal tells the story from its grand opening on Wednesday 17 December 1884 right up to the present day.

The building in Stratford has had an extraordinary history, surviving major fire and World War II bombs, culminating in its present Grade II listed status. It has gone through many changes and given birth to hundreds of shows.

Murray said: "Having started as a student at the Theatre Royal 52 years ago, I'm very pleased that its history is now available for all to read."

Copies of the book cost £5 and are available from the theatre in Theatre Square or online at [www.stratfordeast.com](http://www.stratfordeast.com)



## VOLUNTEER TO HELP OFFENDERS ON RIGHT PATH

Volunteers are being sought for a project that helps people with substance and misuse problems who have gone through the criminal justice system to get back on the straight and narrow.

The SOVA (Support Others through Volunteer Action) Newham Mentoring Scheme is looking for people to support ex-offenders as they reintegrate into their communities.

Volunteers will be matched to an ex-offender to befriend and advise them on debts, budgeting and what benefits they can claim, help with literacy and numeracy or job applications and introduce them to leisure and sport activities.

If you think you can help and would like more information contact Frank Jaja on 020 8430 6570 or 07795 014551 or email [Frank.Jaja@newham.gov.uk](mailto:Frank.Jaja@newham.gov.uk)





## All aboard for Poppy tours

Older people aged 50 and over are invited to take part in tours of the Royal British Legion's Poppy Factory on Tuesday 16 February.

The factory in Richmond makes 38 million Remembrance poppies, five million Remembrance petals, 900,000 crosses and 100,000 wreaths every year, as well as the wreaths laid by The Queen and Royal Family.

The tours are being arranged as part of Newham Council's Warm Centres outings programme and cost £5.50, which includes light refreshments and all coach travel.

People can choose from either a morning or afternoon tour. The morning tour picks up at Newham Town Hall in East Ham at 8.30am and travels to Richmond, returning at 2.30pm. The visit to the factory takes 90 minutes with tea and biscuits on arrival.

The afternoon visit picks up at 11.30am and returns to the Town Hall at 5pm. All times are approximate.

**Places are limited. For bookings call 020 3373 0625.**



## Magic for Madison and pals

Youngsters at Rosetta Primary School in Custom House enjoyed some magical fun when pantomime stars put on a special show for them and classmate Madison-Lea Niland.

Five-year-old Madison was born three months prematurely with under-developed lungs and almost died from bronchitis. She survived, but her lungs are fragile and she is at risk of infection. It means she cannot play with her friends when they go outside to enjoy themselves.

Cast members from Aladdin at Stratford's Theatre Royal dropped in on the school to entertain Madison and her friends. Custom House and Canning Town community lead councillor Pat Holland was also invited to attend.

Cllr Holland said: "Madison and her school friends really enjoyed the show. I think the theatre stars deserve a pat on the back."

Madison's mother Leanne said: "It breaks your heart when Madison describes not being able to play with the other children. She just shrugs it off and gets on with it. The visit by the cast was wonderful."



Madison (in pink) with Cllr Pat Holland (back second left), cast and youngsters

## SMOKERS URGED TO QUIT THE HABIT



A free kit which gives smokers the right tools to successfully stop smoking is now available for Newham residents.

The NHS Stop Smoking Quit Kit, which has been designed by experts and smokers, contains calming audio downloads, a stress toy and a tool to help smokers work out how much money they are saving by quitting.

### The Quit Kit also includes:

- > two MP3 downloads that are scientifically proven to reduce cravings
- > a "tangle" – a new stress relieving distraction tool for the hands
- > a toothbrush to remind quitters of the benefits of fresher breath
- > a health/wealth wheel to work out how much money quitters can save and the immediate health benefits of quitting smoking.

The Quit Kit can be ordered by visiting the NHS website [www.nhs.uk/smokefree](http://www.nhs.uk/smokefree) or by calling 0800 0665826.

If you want help to quit smoking call freephone 0800 0131673 or 020 7059 6630. You can also text the word QUIT to 60155 or email [stopsmoking@newhampct.nhs.uk](mailto:stopsmoking@newhampct.nhs.uk)



# Kids' Corner



PLEASE SEND YOUR DRAWINGS,  
JOKES AND POEMS TO:  
**KIDS' CORNER, WEST WING**  
**4TH FLOOR, NEWHAM DOCKSIDE**  
**1000 DOCKSIDE ROAD, LONDON E16 2QU**

## GALLERY



*Amarah, 10*



*Nicole Gunnarova, 10*

**Winner**



*Priya Gopalaruban, 13*



*Syed Muhtasim Al-Rafi, 9*





# Win a family day pass to The Quad Club!

Splash around in the pool at The Quad Club with four, one day passes plus two beauty treatments for mum and dad. If you'd like a chance to win this fantastic prize send your pictures, jokes and poems to:

Kids' Corner

West Wing, 4th floor, Newham Dockside, 1000 Dockside Road, London E16 2QU

Don't forget to write your name, age, address and contact telephone number on your entry - good luck!



The Quad Club, Crowne Plaza London - Docklands, Royal Victoria Dock, Western Gateway E16 1AL

[thequadclub.com](http://thequadclub.com)

\*Winners will be offered either a Quad Club pass or a meal at Docklands Bar and Grill.

The prize offered will be the one indicated in the issue that the winning picture, poem or jokes is printed.

## Poem

Strawberries are red,  
As red as your heart.

Bananas are yellow,  
As yellow as a duck.

Pears are green,  
As green as grass.

Oranges are orange,  
As orange as the sun.

Raspberries are pink,  
As pink as a rose.

Blueberries are blue,  
As blue as the sky.

Blackberries are black,  
As black as the night sky.

These are yummy and  
colourful fruits,  
You might try them as your  
five a day.

**Fruit**

**by Ravita Kiakanua, 8**

## Wordsearch



Bugles	Marching
Costumes	Music
Countryside	Notes
Dancing	Pleasure
Drummers	Ruffs
Drumsticks	Songs
Entertainment	Steps
Leaping	Trumpet

L	S	E	N	I	S	E	M	D	D	N	F	G	T	R	O	F	M
J	S	P	A	H	A	L	T	A	N	C	I	N	X	N	G	L	A
S	N	D	N	S	T	C	I	N	O	S	I	S	T	S	W	I	E
E	R	S	A	I	T	A	N	N	A	S	T	L	H	O	E	R	R
L	U	P	N	E	L	O	I	P	C	R	S	U	S	N	I	R	E
P	S	R	E	C	M	I	S	M	C	R	S	U	S	N	I	R	E
E	I	L	T	U	O	P	E	R	Q	E	V	O	M	E	S	E	N
N	I	C	T	V	O	E	R	O	S	M	T	A	M	D	S	E	T
D	K	T	U	V	O	E	R	Q	E	V	O	M	D	S	E	T	U
A	I	Q	A	L	R	L	O	O	A	R	S	X	O	A	S	R	S
A	L	N	R	L	R	L	O	O	A	R	S	X	O	A	S	R	S
E	G	A	U	U	O	O	A	R	S	X	O	A	S	R	S	I	L
A	T	F	J	L	J	A	N	J	S	J	S	E	M	P	T	E	L
J	F	S	S	L	J	A	N	J	S	J	S	E	M	P	T	E	L
S	E	T	N	E	S	O	N	L	S	S	E	M	P	T	E	L	S
N	T	L	E	T	N	L	S	S	S	S	E	M	P	T	E	L	S
E	C	H	L	C	L	L	S	S	S	S	E	M	P	T	E	L	S
L	L	S	E	L	L	L	S	S	S	S	E	M	P	T	E	L	S
C	O	U	N	T	R	Y	S	I	D	E	I	E	M	E			

# WHAT'S ON?

**FIVE PAGES  
OF ACTIVITIES  
MOSTLY FREE,  
ALL FUN!**

To view hundreds of events, or to add your own,  
log on to [www.newham.gov.uk/whatson](http://www.newham.gov.uk/whatson)

**22 JAN – 5 FEB**

## TRY SOMETHING NEW... NEWHAM'S HOMEGROWN MUSIC SCENE

Rocking out while nurturing talent, Newham's Academy of Music is training the musicians of tomorrow while headlining the music of today. Find out what's coming up below.

### Student Rock Night

Rock 'n' roll comes to the borough with headliners Inner City Dwellers plus other homegrown local bands.

**Friday 29 January,**  
6.30-8.30pm  
Wakefield Street, E6  
Ages 13+, advance tickets

£3, £5 on the door.  
For bookings call  
020 8471 0495.

### Music makers wanted

Interested in getting into the music business? If you're aged 16-19 the Newham Academy of Music runs Music Tech Diplomas that teach students how to produce, record and publish their own music.

Call 020 8472 9895  
for details.



## ALL LIBRARY LISTINGS

### UNDER 5s GROUPS

All open to under 5s with their parents/carers.

### Storytelling

**Beckton Globe**  
Friday 10-11am  
**Canning Town**  
Monday 10.30-11.30am  
**Custom House**

Tuesday 10.15-11.15am  
**East Ham** Wednesday 2-3pm  
**The Gate** Friday 11am-12noon  
**Green Street** Thursday  
10.30-11.30am  
**Manor Park** Thursday  
10.30-11.30am  
**North Woolwich**  
Thursday 2-3pm  
**Plaistow**  
Tuesday 11am-12noon  
**Stratford** Tuesday 11am-  
12noon and Friday 2-3pm  
**Crafts Club**  
**Manor Park**  
Tuesday 10.30-11.30am  
**Toy Library**  
**Beckton Globe** Monday  
10am-12noon and  
Thursday 1-3pm  
**East Ham** Tuesday  
10am-12noon and Thursday  
10am-12noon  
**Imaginative Play**  
**East Ham** Friday  
10.30-11.30am  
**Messy Play**  
**Beckton Globe** Tuesdays  
during school term 1.30-2.30pm

### ADULT READING

#### Adult Reading Group

**The Gate** Tuesday 2 February  
6.30-7.30pm  
**Plaistow** Thursday 4 February  
6.45-7.45pm  
**Over 50s Reading Group**  
**Beckton** Tuesday 2 February  
9.45- 11.45am

### OTHER GROUPS

#### Over 50s Club

**Beckton Globe**  
Tuesday 9.45-11.45am

**Click-On** – computer  
sessions for over 50s

**East Ham** Friday  
10am-12noon and 2-4pm  
**Plaistow** Friday  
10am-12noon and 2-4pm

#### ICT Surgeries

**East Ham** Friday 4-5pm  
**The Gate** Thursday  
10am-12noon  
**Manor Park** Thursday  
2-4pm

#### Writers' Group

**The Gate** Tuesday 26 January  
5.30-7.30pm

**Knit & Natter** – craft group  
for men and women of all  
ages and abilities.

**Beckton** Wednesday  
10am-12noon

**North Woolwich**

Tuesday 10am-12noon

#### Love Your Libraries

**Launch Night** – poetry  
performances and readings by  
Joelle Taylor and Mark Walton  
for young adults and adults.  
**Stratford** Monday 1st Feb  
6pm-8pm

### YOUNG PEOPLE

**Homework Club** – For young  
people aged seven to 14.

School term only.

**Beckton Globe**

Tuesday 4-6pm

**Canning Town**

Friday 3.30-5.30pm

**Custom House**

Tuesday 3.30-5.30pm

**East Ham** Monday 4-6pm

**The Gate** Thursday 4-6pm

**Green Street** Tuesday 4-6pm

**Manor Park**

Tuesday 3.30-5.30pm



### North Woolwich

Thursday 3.30-5.30pm

**Plaistow** Thursday 4-6pm

**Stratford** Monday 4-6pm

**Games Clubs** – PS2 and Xbox games, music, board games and many more activities for ages eight to 13.

### Custom House

Monday 2-4pm

### East Ham

Tuesday 3.30-5.30pm

### Manor Park

Thursday 4-6pm

### Teenage Games Club

– PS2 and Xbox games, music, board games and many more activities for ages 12-16.

**Beckton Globe** Monday and Wednesday 3-5pm

**Teen Xtra Evenings** – Free activities for ages 12 to 21.

**The Gate** Thursday 6-8pm

### Stratford Playerz

**Stratford** Thursday 4 February 5.30pm-7.30pm

**Family Reading Group** – A chance for children aged five to 11 and their families to read together and have fun.

**The Gate** Saturday 30 January 2.30-4pm

### LIBRARY CONTACTS

**Beckton Globe** 1 Kingsford Way, E6 5JQ. 020 8430 4063

**Canning Town** Barking Road, E16 4HQ. 020 7476 2696

**Custom House** Prince Regent Lane, E16 3JJ. 020 7476 1565

**East Ham** High Street South, E6 6EL. 020 8430 3647

**The Gate** 4-20 Woodgrange Road, Forest Gate E7 0QH. 020 8430 3838

**Green Street** 337-341 Green Street, E13 9AR. 020 8472 4101

**Manor Park** Romford Road, E12 5JY. 020 8430 2207

**North Woolwich** 5 Pier Parade, E16 2LJ. 020 8430 5900

**Plaistow** North Street, E13 9HL. 020 8472 0420

**Stratford** 3 The Grove, E15 1EL. 020 8430 6890  
Archives and Local Studies: 020 8430 6881

### Community Outreach Services

For more information call 020 8586 6541

### SPORTS PROGRAMME

#### Basketball

##### Newham NSP (free)

– Basketball coaching, 8-19

**Mon, 7.30-9pm**

*Little Ilford Youth Centre, E12*

– Basketball Competition, 8-19

**Tues, 6-7.30pm**

*Lister School (Sports Hall), E13*

– 3 v 3 league, 8-19

**Thurs, 5-7**

*Forest Gate Youth Centre, E7*

#### Football

##### Newham NSP (free)

*Five-a-side*

*– U14 & U18*



*Mon, 6.30-8.30pm*

*Newham Leisure Centre, E13*

*– 11-18*

*Wed, 5-8pm*

*Priory Park MUGA, E6*

*– 8-19*

*Wed, 5-6.30pm*

*Keir Hardie Park, E16*

*– Five-a-side, 8-19*

*Fri, 6-7.30pm*

*Scud Park, Tant Avenue, Canning Town E16.*

*– Mayor's Football League, U14, U18,*

*Thurs, 4-6pm*

*Memorial Park*

*– Coaching and competition, 8-19,*

*Sun, 1-2pm*

*Winsor Park, E6*

*– Monthly tournament*

*U-12, U14, U-18, 10am-1pm*

*First Sat of the month*

*Plashet Park, E6*

#### WHU Kickz (free)

##### Mon

*– U14, 4-5.30pm*

*– 15+, 5.30-7.00pm*

*West Ham Community Astro Turf (Beckton)*

*– 11-18, 5-8pm*

*Forest Gate Youth Centre, E7*

##### Tues

*– U14, 4-5.30pm*

*– 15+, 5.30-7pm*

*West Ham Community Astro Turf (Beckton)*

*– 11-18, 6-9pm*

*Priory Park MUGA, E6*

##### Wed

*– 11-18, 5-8pm*

*Priory Park MUGA, E6*

##### Thurs

*– 11-18, 4-7pm*

*Priory Park MUGA, E6*

##### Fri

*– U14, 4-5.30pm*

*– Girls 11+, 5.30-7pm*

*West Ham Community Astro Turf (Beckton)*

*– 11-18, 5-8pm*

*Forest Gate Youth Centre, E7*

#### Air Football 16+

##### Tues

*1-3pm, Stratford Park, E15*

#### Ascension Football Academy

*For info call Louise on 07841 749 292.*

*School years R-3:*

*9.30-10.30am*

*School years 4-7:*

*10.45-11.45am*

*School years 8-11:*

*12-1.30pm*

*All sessions £2.50*

*King George V Park, E16*

#### Women United FC

*Mon, 6-7.15, 16+*

*Kingsford Community School Kingsford Way E6*

#### Football and basketball

*Newham All Star Sports*

*Academy (NASSA)*

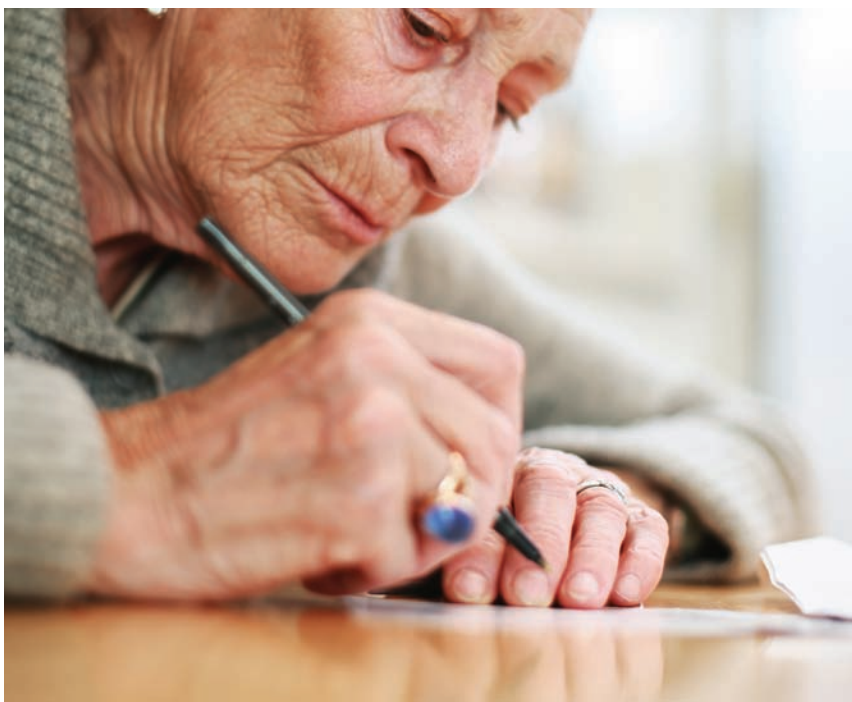
*visit [www.nassa2012.org.uk](http://www.nassa2012.org.uk)*

*– 12-16 mixed, Mon*

*6-7.30pm,*

*7.30-9pm, 18+, Newham*

*Leisure Centre, E13*





-11-16 girls, Tues,  
4.30-6pm, Sarah Bonnell  
School, E15  
- 11-16 mixed  
Thurs, 6-8pm, Cumberland  
School  
- Fri 4.15-5.30  
8-11, mixed 3.30-7.30pm,  
mixed, 12-16,  
Cumberland School, E13  
- 8-11 mixed, Sat  
11am-1pm,  
Sarah Bonnell School, E15

### Table Tennis, 16+

- Tues, Britannia  
Village Youth Centre,  
65 Evelyn Road, E16  
Call Vicky on 020 7476 1252  
for info  
- Thurs, 6-8pm  
Priory Park Youth Centre, E6

### Handball (free)

- Newham Flames, Tues  
U15, 3.30-5pm  
U18, 5-7pm  
Newham Leisure Centre, E13  
(Multi-Sports Hub)

### Multi sports (free)

Newham NSP  
- Handball, football,  
competition  
5-7pm, 8-19  
Wed, Stratford Park, E12  
- Coaching and competition  
4-5.30pm, 8-19  
Fri, St Johns Community

Centre, Albert Rd, E16

### Athletics at Newham Leisure Centre (free)

- GLL Trackstars, 5-12  
Tues, 4.30-5.30pm (£1)  
- Get Set Go Group, 11-16  
Mon, 4-5.30pm  
- Triathlon 12-17  
Wed, 7-9pm  
- Met Track 10-17  
Fri, 4.30-6pm  
- Newham and Essex Beagles  
Athletics Club, 10+  
Mon and Wed, 6.30-9pm;  
Sun, 10am-1pm  
- East End Road Runners, 18+  
Tuesdays, 6.45-8pm

### Cricket

- Tapeball cricket league (free)  
11-15, 16+, 6-9pm  
Kingsford Astro Turf  
- Rokeby community cricket  
(free)  
Wednesday 4-5pm  
8-16 years  
Rokeby School sports hall,  
Pitchford Street, E15  
Call Ben for info:  
07971286254 or  
email ben.chambers@  
newham.gov.uk  
- Newham Cricket Club  
8-16, £2 per session  
Monday 5-7pm  
Langdon School sports hall,  
Sussex Road, E6  
For info call: 020

8586 7070 or 07709758661

### Boxing, 16+

East Ham Boleyn ABC  
- Mon, Tues, Wed, 5-6pm  
East Ham WMC, 2 Boleyn  
Road, E6  
Call Daniel Penny on  
07958124144  
- West Ham Boys ABC  
Mon, Wed, Fri, 5-6pm  
The Black Lion, 59-61 High  
Street, E13  
Call Lianne Jameson on  
020 8472 3614  
- Peacock ABC  
Mon, Wed, 6-8pm  
Caxton Street North, E16  
Call Martin Bowers on 020  
7511 3799  
- Newham Boys ABC  
Mon, Wed, Fri, 6-7.45pm  
Old Bath House  
141 Church Street, E15  
Call Ravinder Atwal/Joe  
Chapman 020 8519 5983  
- Fight For Peace  
(Phone for session details)  
Woodman Street  
North Woolwich, E16  
Call Louise Brown  
on 020 7474 0054  
Contact clubs before visiting

## SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

### Multi-Sports

Mon, Eastlea multi-sports club  
for SEN & disabled young  
people, Eastlea Community  
School, E16, 4-5.30pm

### Multi-Activities

People with Disabilities Club,  
Tues, Newham Leisure Centre,  
E13, 10.30am-12noon

### Swimming

People with Disabilities Club,  
Tues, Newham Leisure Centre,  
E13, from 3-5pm  
Newham Otters Swimming  
Club, Sat, Newham Leisure  
Centre, E13, 4.45-5.45pm  
The 3 Hs, Sun, Balaam Leisure  
Centre, E13, 12.30 -2pm

### Trampolining / Fitness / Swimming

SEN and disabled adults at  
Newham Leisure Centre, E13,  
Tues, 10am-4pm

### Get fit for free

Free use of the gym for one  
year for people with learning





disabilities at Newham Leisure Centre on Tuesdays from 1.30-3.30pm. To book an induction you must contact Susy Massey on 020 7511 4477

### **Goalball**

First Thursday of the month at Newham Club, Brampton Manor School from 5-7pm

### **B1 Football Club**

Third Sunday of every month at East Ham Leisure Centre from 10am-12midday

## **ARTS LISTINGS**

### **Stratford Circus**

#### **Oshima and the Big Sea**

Sat 6 Feb 3pm, Stratford Circus £6/£5

Every day Oshima goes fishing in his little tub boat. He hopes he will catch a really big fish... But he never does. One day Oshima has a big adventure and gets the chance to find out! The puppet show is suitable for ages 3 and up.

### **Story Sunday**

#### **Chinese Stories**

Sun 7 Feb 11.30am & 2.30pm Discover Children's Story Centre, E15

Join Kumiko Mendl for festive stories to celebrate Chinese New Year and the Year of the Tiger. Using shadows, papercuts and your imagination, be transported to the colourful world of tigers, dragons, mountains and emperors.

### **Theatre Royal**

#### **Signs of a Star Shaped Diva**

27 January – 6 Feb

Tickets: £8-£15

Theatre Royal, E15

No one remembers mousey old Sue, the undertaker from Bingley Bridge. No one knows she's a Diva fanatic, until one day she is offered a cabaret spot at Harry's Place.

Caroline Parker gives a virtuoso performance as Sue and her alter ego Tammy as she takes us on a journey of fame, frocks and false eyelashes battling with true love from Bingley Bridge.

### **Access to Music open day**

Saturday 6 February 11am Sugar House Yard, Sugar House Lane, E15

Find out about the latest music education and training opportunities. Activities will include student performances, a tour of the centre and advice and information.

## **FREE COMMUNITY FORUM EVENTS**

### **Safe 'n' Sound**

Royal Docks

Britannia Village Hall, 65

Evelyn Road, E16

Saturday 30 January

11am-3pm

Event focusing on responsible dog ownership featuring dog display shows and an all age bouncy castle. Find out more about being a better owner or what to do if you feel threatened or concerned about other dogs. Lots of other safety advice on offer too.

### **Go Green**

East Ham

Hartley Primary School,

Hartley Avenue, E6

Saturday 6 February

12noon-4pm

Teachers, students and staff will be on hand to tell you more about increasing your recycling rate and being more energy efficient. Come see pupil's environmentally themed artwork and experience a head massage while the kids enjoy a bouncy castle, face-painting, balloon modelling and more.

### **Plant for Life**

Saturday 13 February

11am-3pm

Keir Hardie Recreation



Ground, Tarling Road, E16

### **Tuesday 16 February**

12noon-4pm

Royal Victoria Gardens, Pier Road, Off Albert Road, E16

### **Saturday 27 February**

12noon-4pm

Odessa Road Open Space, Forest Gate, E7

## **COMMITTEE MEETINGS**

The following meetings all take place at Newham Town Hall, East Ham, unless specified.

### **Newham Partnership – Children's Trust Board**

Tuesday 26th January 2010

4.30 p.m. Room EG.05/06,

Ground Floor, Newham

Dockside – Newham

Dockside, 1000 Dockside

Road, London, E16 2QU

### **Overview and Scrutiny Committee**

Tuesday 26th January 7pm

### **Health Scrutiny Commission**

Tuesday 2nd February 7pm

### **Development Control Committee**

Wednesday 3rd February 7pm

### **Newham Partnership – Better Health and Well Being Partnership Action Board**

Thursday 4th February 3pm

### **Cabinet**

Thursday 4th February 5pm

### **Mayoral Proceedings**

Thursday 4th February 5.15pm

Meetings are subject to cancellation. Details of meetings, agendas and minutes are available on the Newham website – [www.newham.gov.uk](http://www.newham.gov.uk)

The Forward Plan, also available on the Newham website, sets out all Key Decisions to be taken over the next four month period. The January Edition of the Forward Plan was published on 17 December.

## **OTHER EVENTS**

### **Newham Swimming Club**

Join this ASA affiliated competitive swimming club for ages eight and up.

Training most nights in Newham leisure centres. Entry to the club is through monthly trials.

Contact John Harvey on 07749 724 696 to arrange attendance at a trial. Visit the website for more information: [www.newhamswimmingclub.org.uk/howtojoin](http://www.newhamswimmingclub.org.uk/howtojoin)

### **Atherton Swimming Club**

The club has been going for nearly 60 years but is now looking for new members. Children aged 5-16 who want to learn to swim or improve their strokes are welcome. Every Saturday at Atherton



Leisure Centre, Romford Road, E15 from 5.30-6.30p.m. Costs £2 per lesson with a quarterly membership fee of £9. Please telephone 07956 304 518 for further info.

#### **West Ham Indoor Bowling club**

Atherton Leisure Centre, Romford Road, E15  
Bowling takes place Monday-Friday, 12.30-3pm  
Cost £1.30 per session  
Cost includes hire of bowls, tea and biscuits. New members welcome. Please

bring soft, flat-soled shoes. For more information call John Polley on 020 8471 5252

#### **Met-Track**

Free sports training for young people aged 10-17 from the Metropolitan Police  
Weekly squads: McMillan Stadium, every Friday 4:30-6pm throughout the year, including school holidays.  
Coaching by James Ellington, British International sprinter & European Medalist  
Cost: free  
Turn up with a pair of trainers and sports clothing.

For further info email jason.hussain@met.police.uk or call 07701 056 323

#### **Yoga classes**

Every Friday  
10.30am - 11.30am  
The Hub, 123 Star Lane  
Canning Town E13 4PZ  
Price £5.  
Low income/Student £3  
Contact Karen  
07908 23 23 77

#### **Lunchtime Tai Chi at the Hub**

Tai Chi is a gentle form of exercise which is good for the mind, body and soul.  
Every Saturday  
The Hub, 123 Star Lane, Canning Town, E16  
12noon-1pm. Free!  
For more information call the Community Involvement Team on 020 3150 0080

#### **Multi sport sessions**

13-19? Get active, improve your confidence and aim to gain a sporting qualifications at Grassroots ATP, Memorial Park, West Ham, E15.  
Girls: Mondays, 4-5pm  
Boys: Wednesdays, 4.30-6pm

To find out more or book a place call 020 3150 0080

#### **Get fruity at Abbey Gardens**

Come and help plant 26 fruit trees at Abbey Gardens as part of the What will the Harvest be? project.  
All are welcome to attend on Sat 6 Feb, from 10am-2pm at Abbey Gardens, E15.  
For more information visit [www.abbeygardens.org](http://www.abbeygardens.org) or call Dasha on 07815 776385.

## **USEFUL NUMBERS**

### **020 8430 2000**

Hundreds of services, just one number – for all council enquiries

For questions about councillor surgeries or to find out which ward you live in, call 020 8430 2000 or visit [www.newham.gov.uk/yourcouncillor](http://www.newham.gov.uk/yourcouncillor)

Write to Mayor Sir Robin Wales at Newham Town Hall, Barking Road, East Ham E6 2RP or email [mayor@newham.gov.uk](mailto:mayor@newham.gov.uk)

For information about Community Forums freephone 0800 519 4015 or email [community.forums@newham.gov.uk](mailto:community.forums@newham.gov.uk)

For information about the 2012 Games and how it will affect Newham, visit [www.newham.gov.uk/2012Games](http://www.newham.gov.uk/2012Games)

To report anti-social behaviour call Newham's 24-hour hotline on 0800 731 3300

To speak to the editor of The Newham Mag, call Anita Plaha on 020 8430 2000 or email [newham.mag@newham.gov.uk](mailto:newham.mag@newham.gov.uk)

## **WINTER WANDER**

**Saturday 30 January at 11am, meet at Woolwich Arsenal Station**

Why not work off some seasonal excess with a free 6.5-mile guided walk taking in Newham's docklands heritage and Olympic future. Start the journey with a ferry crossing the Thames to the Royal Docks and then wind your way through Beckton's parks, the Greenway, eighteenth-century Three Mills tidal mill and the Lower Lea Valley to Hackney Wick. Along the way see the site of the 2012 Games under construction and learn more about the legacy.

There's no need to book, just turn up on the day. For more information visit [www.walklondon.org.uk](http://www.walklondon.org.uk) or phone 0870 240 6094.





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